

# Custom Foot Orthotics



## Custom Orthotics In Surrey, BC | Foot Orthotics

Have you ever felt severe pain in your ankles? Do you get worried about the lost arch inside your foot?

The causes of such pain include biochemical factors, injury, arthritis, obesity, age-related changes, or improper footwear, and saver can be CUSTOM ORTHOTICS.

Custom orthotics help individuals to recover from various joint or pain issues in their feet and to correct their foot posture. Orthotics are shoe inserts that are explicitly intended to correct the biomechanical imbalances that are present in their foot and lower leg. They are



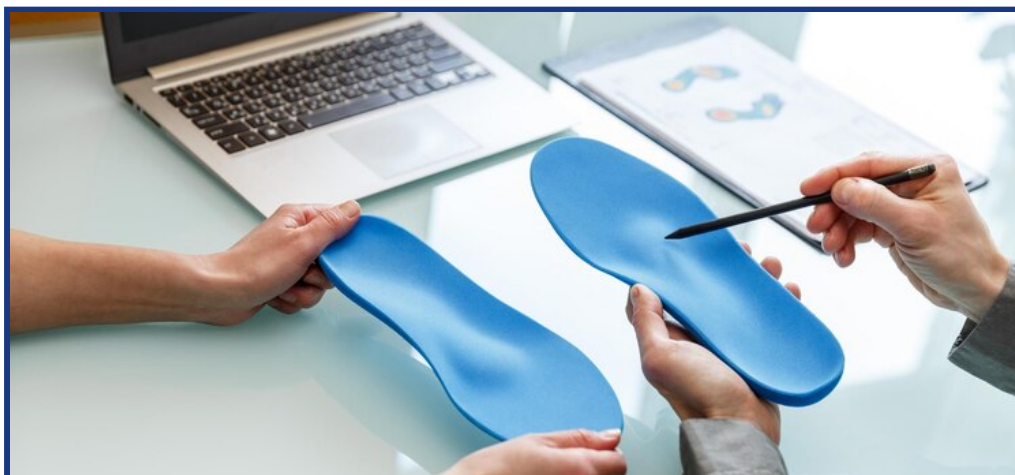
specialty crafted at a research facility to explicitly fit the foot and correct the issues presented with foot. Most orthotics fit serenely into most sorts of shoes.

**Khalsa Physiotherapy Clinic** offers **Custom Orthotics in Surrey, BC** at reasonable rates.

## Heal Common Foot Problems With Custom Orthotics!

There is no doubt; today one out of three people are facing extreme foot problems: aching, misshaped feet, foot pain, and ankle pain. Custom foot orthotics can help to get relief from such problems.

- Foot pain recovery • Keep foot in shape
- Enhance the overall ability
- Custom foot orthotics are specially designed to **support and alleviate pain** in conditions of heel spurs, bunions, plantar fasciitis, and arthritis.
- Correct biomechanical imbalances and **improve overall foot** and lower limb alignment.
- Custom foot orthotics are very **comfortable** as compared to generic insoles. These are tailored to the specific needs and foot shape of the individuals.
- Any **foot deformity** progression can be **prevented** with the help of custom orthotics.
- Additionally, custom orthotics **reduce foot fatigue**, and provide proper support to the feet and lower limbs.





- In the case of any injury, custom foot orthotics can offer support, stability, and promote more efficiency.
- To enhance performance, athletes often use custom orthotics. They provide stability and support during sports activities that can additionally help in shock absorption.

Khalsa Physiotherapy Clinic provides good quality custom orthotics in Surrey, BC that can improve gait and posture. We provide orthotics that are tailored to address some specific conditions of the foot. We make sure it can reduce strain on the joints in the feet, knees, hips, and lower back. We also offer proper guidance in wearing the orthotics. Custom foot orthotics offer many benefits that depend on an accurate assessment by expert **physiotherapists in Surrey** and qualified healthcare professionals.

[Call Us Now](#)



Khalsa Physiotherapy Clinic puts special emphasis on hygiene, privacy and cleanliness. We provide individual rooms to every client for better privacy during assessment and sessions.

## Quick Links

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[Who We Are](#)

[Fees](#)

[Blog](#)

[Contact Us](#)



## Opening Hours

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Monday: -- By Appointment  
Tuesday: 10.00 AM - 8.00 PM  
Wednesday: 10.00 AM - 2.00 PM  
Thursday: 10.00 AM - 8.00 PM  
Friday: 10.00 AM - 2.00 PM  
Saturday: 10.00 AM - 5.00 PM  
Sunday: Closed

## Association

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